

QUIET TIME AT CLUBHOUSE PLAYCARE

As a state licensed facility, Clubhouse Playcare is required to have scheduled quiet times during the day and evening. It is important for all the children present in the facility to be quiet and respectful of each other's need to rest during these times.

QUIET TIMES

12:30PM – 2:30PM

8:30PM – CLOSE

COMMON QUIET TIME QUESTIONS:

Q: *Does my child have to sleep during quiet time?*

A: Children in the toddler room (18-36mos) will be expected to remain on a cot to rest during quiet time. They do not have to sleep. They can have a book to look at or quiet toy, but they must be respectful of the other children in the room who are sleeping.

Children in the older areas of the facility settle down on a mat for a movie or TV show during quiet time. Children are expected to be respectful and quiet during the movie. In the evening after the conclusion of the movie, children are welcome to play quietly.

Q: *Can my child use a blanket or lovie from home to help them settle down during nap time?*

A: Yes. Clubhouse Playcare encourages parents to bring items to help their child rest. We ask that the item be clearly labeled with the child's name. In addition, we ask that the comfort item not be overly large.

Q: *My child isn't 3 yet, but I would rather they watch a movie than nap. Is that okay?*

A: Space permitting, as long as the child is over the age of 2 and can be respectful and quiet in the theater area, they can watch a movie instead of napping.

Q: *My child is over 3, but I would like them to sleep instead of watch a movie. Is that okay?*

A: Yes, your child can be moved into the tot area during quiet time if you would prefer for them to sleep.

Q: *Can I still drop my child off during quiet time?*

A: If your child is under 3 or has separation struggles, we ask that you please avoid scheduling your drop-off during our afternoon quiet time to avoid disturbing the routine of our sleeping guests.

Q: *My child struggles during quiet time. What will happen if they are disruptive?*

A: It is essential that we provide an atmosphere conducive to resting and napping during quiet times. We will do our best to work with your child, but if your child is consistently disruptive during quiet time, we may ask that you avoid scheduling stays during these times.